

~ September 2013 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 1 hour- Lifting	3 1 hour- Individuals	4 1 hour- Individuals 1 hour- Lifting	5 2 hours- Open Gym	6 1 hour- Lifting	7 3 hours- Clinic
8	9 1 hour- Community Service 1 hour- Lifting	10 1 hour-Individuals	11 1 hour-Lifting 1 hour-Individuals	12 1 hour-Individuals 1 hour-Open Gym	13 1 hour- Lifting 4 hours-Lock-In	14 8 Hours- Cedar Point
15 8 Hours-Cedar Point	16 30 mins- Conditioning 1 hour- Individuals 1 hour- lifting	17 30 mins- Conditioning 1 hour- Individuals	18 30 mins- Conditioning 1 hour- Lifting	19 30 mins- Conditioning 30 mins-Individuals 1 hour- Open Gym	20 30 mins- Conditioning	21 8 hours-Cedar Point
22 8 hours- Cedar Point	23 30 mins- Conditioning 1 hour- Lifting	24 30 mins- Conditioning 1 hour- Individuals	25 30 mins- Conditioning	26 30 mins- Conditioning 30 mins- Individuals 1 hour- Open Gym	27 30 mins- Conditioning 1 hour- Lifting	28
29	30 30 mins- Conditioning 1 hour- Individuals 1 hour- Lifting	Total: 71 hours and 30 minutes				

More Calendars from WinCalendar: [October](#), [November](#), [December](#)

Created with [WinCalendar Calendar Maker](#).

- ▶ For more layouts, sizes, colors, options & for calendars holidays download WinCalendar.
- ▶ You can also import Google Calendar, Yahoo Calendar & Microsoft Outlook data using WinCalendar.
- ▶ WinCalendar is also an integrated Windows, Word & Excel pop-up calendar & date picker that supports storing of daily appointments that display on created calendars.